

Draft as of September 14, 2016

Unitarian Church of Montpelier (UCM) Adult Religious Education (ARE) and Related Programs to fulfill the ARE Mission:

“To nurture each person’s spiritual journey - i.e., provide opportunities for faith development and personal growth.”

Church Year Fall 2016	Dates	Topics	Facilitators	Description (to come)
4 MONTHS ONGOING	October to January	Covenant Groups		Small groups meeting for 4 months.
<i>Sign up required; each group 6-10 participants</i>	TBD, rooms will be needed	Small Group Ministry (SGM)	Organizer Sue Stukey susan.stukey@gmail.com	Small groups meet 2X in each of 4 months for listening - not therapy or healing. Discuss topics and get to know folks in a deeper way. Join together in a short-term service project.
<i>Sign up required; limit of 12 participants</i>	7-9:00 p.m. on 3 rd Wednesday of month (Oct. 19, Nov. 16, Dec. 21, & Jan. 18), all in Children’s Chapel except Nov. 16 in Bell Tower	Soul Matters Circle	Rev. Joan Javier-Duval & Kathleen Bryant, ucm.revjoan@gmail.com Kathleen_bryant@hotmail.com	Small group meets 1X in each of 4 months. Participants engage in a spiritual exercise related to the month’s theme (<i>Humility, Story, Presence, or Prophecy</i>), ponder a question for deeper reflection, and share their journeys for living more deeply into the theme.
SEPTEMBER				
	Saturday Sept. 17, 9:00-11:30 a.m., Fireplace Room	Beginner’s Meditation Workshop	Ginny Sassaman, HappinessParadigm@gmail.com	Private pay (\$15). To encourage learning practical options for meditation.
4 th Mondays ARE Series (<i>no sign-up required except for child care*</i>)	4 th Monday, Sept. 26, 7-8 p.m., Children’s Chapel	Introduction to Women’s Spirituality & Intuitive Training	Lee Wilschek, spiritlea@gmail.com	Awaken to your spiritual magnificence! Explore, remember, uncover your unique gifts through meditation, visualization + Shamanic journeying.
OCTOBER				
4 th Mondays ARE Series	4 th Monday, Oct. 24, 7-8:30 p.m., Children’s Chapel	Introduction to Non-Violent Communication- NVC	Julie Curtin, juliegfarrell@gmail.com	Workshop on NVC, a practice for speaking from the heart, building connection with others and resolving conflicts peacefully.

NOVEMBER				
	Saturday November 5, 9 a.m. - 3:00 p.m.	Active Listening	Patty Crawford	Description?
New UU (<i>sign up at Welcome Committee's Hospitality Table</i>)	Wed. Nov. 16 at 6:30-9:00 p.m. & Saturday November 19 at 9 a.m. - noon, both times in Children's Chapel	Parts A and B; Part A required for Part B.	Rev. Joan Javier-Duval & Judith Hinds w/members of Membership Committee, ucm.revjoan@gmail.com jrhinds1185@yahoo.com	Orientation for prospective members and others curious about Unitarian-Universalism and UCM.
4 th Mondays ARE Series	4 th Monday, Nov. 28, 6:15 - 8:00 p.m., Children's Chapel (<i>People may leave as needed for varying bedtimes.</i>)	Stories for All: Intergenerational Story-telling	DRE Liza Earle-Centers, ucm.dre@gmail.com	Since stories unite and delight us across generations, this will be a multi-age gathering. All ages are encouraged to have in mind or even to have practiced (no reading please) a story of 5 minutes or less to share with a multi-age group. Listeners welcome too!
DECEMBER				
4 th Mondays ARE Series	<i>not this month</i>	N/A	N/A	N/A
JANUARY, '17				
4 th Mondays ARE Series	4 th Monday, Jan. 23, 7-8:30 p.m., Children's Chapel	UUA Common Read - <u>The Third Reconstruction</u> by Rev. William J. Barber II, with Jonathan Wilson-Hartgrove	Rev. Joan Javier-Duval ucm.revjoan@gmail.com & ARE or SR Committee facilitator	Guided discussion of this book subtitled "Moral Mondays, Fusion Politics, and the Rise of a New Justice Movement." UUA website says the book "challenges us to ground our justice work in moral dissent even when there is no possible expectation of political success...."
Preview!				

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Retreat (<i>sign up required; limit of 15 participants</i>)	Friday Feb. 10 at 7:30-9:00 p.m. & Saturday Feb. 11 at 9:30 a.m. - 5:00 p.m., location?	Owning Your Religious Past	Rev. Joan Javier-Duval ucm.revjoan@gmail.com	Many come to UCM from another faith tradition. This retreat aims to help us grow in UU identity and faith from a space of discomfort and awkwardness to a space of affirmation and wholeness.
Details Still Undecided				
	TBD	Reading about and practicing prayer	Kristin Glaser, kristinglaser@comcast.net	A group with new and previous participants could form. If interested, contact facilitator.
The Wi\$dom Path: Money, Spirit and Life	November and December	First 3 of the 12 modules	Paul Curtin & Dustin Rand, paulcurtin@gmail.com dustinrand@hotmail.com	A UUA Tapestry of Faith curriculum “to help participants understand how money can be an effective force for living lives of meaning and value, and for creating positive change.”
	TBD	White Privilege	<i>ARE and SR Committees:</i> Chairs Kristin Glaser (ARE) and Ansel Ploog (SR), kristinglaser@comcast.net ansel.ploog@gmail.com	If interested in a group to study 6 articles from UUA “Examining Whiteness” curriculum, contact ARE and/or SR Committee Chairs.
	TBD	Something of interest to you	You!	You can offer a class, event, book, discussion or workshop that supports UCM mission and vision.

ARE Committee Chair Kristin Glaser with members Brenda Bean, Kathleen Bryant, Mara Iverson, also DRE Liza Earle-Centers and Rev. Joan Javier-Duval.

**If a participant will need child care at UCM, he/she must request it from DRE Liza Earle-Centers at least a week ahead of time: ucm.dre@gmail.com.*