



# UNITARIAN CHURCH OF MONTPELIER

**March 29, 2020, 10AM Eastern  
Unitarian Church of Montpelier**

A Unitarian Universalist Congregation

## **“Finding Solid Ground”**

ONLINE WORSHIP

[Join on Zoom](#) or view from [ucmvt.org](http://ucmvt.org) or  
[www.facebook.com/UnitarianChurchofMontpelier](https://www.facebook.com/UnitarianChurchofMontpelier)

**Gathering Music**      Eliza Thomas

**Welcome**              Rev. Joan Javier-Duval

**Opening Words**      Gretchen Haley

**Song**                  Meditation on Breathing (Jones)      Lisa Kynvi

*Breathe in, breathe out, breathe in, breathe out.*

*When I breathe in, I'll breathe in peace.*

*When I breathe out, I'll breathe out love. (repeat)*

*Breathe in, breathe out, breathe in, breathe out.*

## **Unison Affirmation and Chalice Lighting**

Adapted from L. Griswold Williams

*Love is the doctrine of this church,  
the quest for truth is its sacrament,  
and service is its prayer.*

*To dwell together in peace,  
to seek knowledge in freedom,  
to serve human need,*

*To the end that all souls shall grow into harmony with the divine.*

*Thus do we covenant.*

**Time for All Ages**      “The building is closed, but CHURCH is open.”

Liza Earle-Centers

**Musical Interlude**      Eliza Thomas

**Time of Meditation and Prayer**      Rev. Joan Javier-Duval

**Sharing of Joys and Concerns**

**Prayer**

**Quiet Meditation**

**Sung Response**      Spirit of Life (McDade)

*Spirit of Life, come unto me.*

*Sing in my heart all the stirrings of compassion.*

*Blow in the wind, rise in the sea;*

*Move in the hand, giving life the shape of justice.*

*Roots hold me close; wings set me free;*

*Spirit of Life,*

*Come to me,*

*Come to me.*

**Reading** “we will meet the sorrows”      Fid Thompson

**Reflection**      Finding Solid Ground      Rev. Joan Javier-Duval

**Song**      I’ve Got Peace Like a River (Frey)

*I’ve got peace like a river, I’ve got peace like a river, I’ve got peace like a river in my soul. (repeat)*

*I’ve got joy like a fountain, I’ve got joy like a fountain, I’ve got joy like a fountain in my soul. (repeat)*

*I’ve got love like an ocean, I’ve got love like an ocean, I’ve got love like an ocean in my soul. (repeat)*

*I’ve got pain like an arrow, I’ve got pain like an arrow, I’ve got pain like an arrow in my soul. (repeat)*

*I’ve got tears like the raindrops, I’ve got tears like the raindrops, I’ve got tears like the raindrops in my soul. (repeat)*

*I’ve got strength like a mountain, I’ve got strength like a mountain, I’ve got strength like a mountain in my soul. (repeat)*

### **Invitation to Generosity**

Online contributions to UCM can be made at  
<https://ucmvt.breezechms.com/give/online>.

Donations to our Community Pouch Recipient, Planting Hope, can be made at  
<https://plantinghope.org/home-2/donate/>.

## **Unison Mission and Chalice Extinguishing**

*We welcome all  
as we build a loving community,  
to nurture each person's spiritual journey,  
serve human need,  
and protect the Earth, our home.*

## **Transforming Our Love Video**

### **Announcements**

**Closing Words**      Rev. Joan Javier-Duval

**Postlude**    Eliza Thomas

*Thank you for joining us for worship!*

*Follow us on Facebook for future updates on our Sunday morning  
worship services. [www.facebook.com/UnitarianChurchofMontpelier](http://www.facebook.com/UnitarianChurchofMontpelier)*

*Sign up for our e-newsletter at [ucmvt.org](http://ucmvt.org).*